

**Name:** Daniel Stephen ALLEN

**Professional Address:** Suffolk House  
54-55 The Green  
Wooburn Green  
HIGH WYCOMBE  
HP10 0EU

**Tel:** 0370 162 0673 ext. 1

**Fax :** 0870 162 0674

**Email:** danny@dsallen.org.uk

**GMC Number:** 2496814

---

**Qualifications:** MB BS LLM MRCPG FRCPsych MFFLM  
  
Approved clinician s. 145(1) (incl. s. 12) Mental Health Act 1983  
  
Cardiff University accredited Expert Witness (Civil & Family)  
  
Medico-legal Expert Witness Certificate (Family) - City University  
& Inns of Court School of Law

---

**Memberships:** MAE - Academy of Experts  
MEWI - Expert Witness Institute  
MIoD - Institute of Directors  
Society of Expert Witnesses  
British Association for Psychopharmacology  
Royal Society of Medicine (Fellow)

---

**Royal College of Psychiatrists:** Collegiate Trainees' Committee 1988 -1991  
Member of Psychiatrists' Support Service Committee 2007 -  
Chair of Private and Independent Practice Special Interest Group  
(PIPSIG) 2013 – 2017 and secretary 2017 to present  
Member of Professional Practice & Ethics Committee (PPEC) 2015-

---

**Special Interests:** Alcohol and substance misuse  
Adult ADHD  
Expert witness work  
Occupational health psychiatry

---

### **Current Substantive Roles**

**Consultant Psychiatrist:**

Oxford Health NHS Foundation Trust, consulting for Buckinghamshire Healthcare NHS Trust in the Psychiatric Liaison Service at Stoke Mandeville & Wycombe Hospitals

**Duties :**

- Supporting liaison clinicians who do first line assessments in one to one and discussion
- Assessing complex referrals from ED and wards
- Doing joint assessments with junior doctors, medical students and liaison clinicians
- Following up complex and detained patients
- Teaching junior doctors and medical students
- Doing MHAAs on patients in ED and on wards
- Acting as RC to a small number of patients detained (mainly to the gastro ward)

**Workload:**

- Clinical 4 PAs
- Supporting 1PA
- Guardian of Safe Working 1.5PAs

**Guardian of Safe Working:**

Oxford Health NHS Foundation Trust

**Consultant Psychiatrist:**

Phoenix Mental Health Services LLP

**Occupational Health Psychiatrist:**

Buckinghamshire Healthcare NHS Trust

**Tribunal Judge:**

Medical Member of the Mental Health Tribunal

**Expert Witness:**

Courts, tribunals and regulatory bodies

**GMC:**

Health assessor and supervisor

---

## Consultant Experience

**Nov 1994 – Mar 2004:**

### **Community Mental Health Team**

South Buckinghamshire NHS Trust (1994-2000)\*  
Buckinghamshire Mental Health NHS Trust (2000-2004)\*

**Mar 2004 – Mar 2005:**

### **Community Mental Health Team**

#### **Assertive Outreach Team**

#### **Rehabilitation Unit**

#### **Acute Day Hospital**

Buckinghamshire Mental Health NHS Trust\*

**Mar 2005 - Aug 2009:**

### **Assertive Outreach Team**

#### **Community Acute Service (Crisis Team & Acute Day Hospital)**

Buckinghamshire Mental Health NHS Trust (2005-2006)\*  
Oxfordshire & Buckinghamshire Mental Health Partnership NHS Trust (2006-2008)\*  
Oxfordshire and Buckinghamshire Mental Health NHS Foundation Trust (2008 - 2009)\*

**Aug 2009 - Apr 2011**

### **Assertive Outreach Team**

#### **Community Acute Service (Crisis Team & Acute Day Hospital)**

Oxfordshire and Buckinghamshire Mental Health NHS Foundation Trust (2009 - 2011)\*  
Oxford Health NHS Foundation Trust (2011)\*

#### **Occupational Health Psychiatry**

Buckinghamshire Hospitals NHS Trust (2009 -2010)\*\*  
Buckinghamshire Healthcare NHS Trust (2010 -2011)\*\*

**Apr 2011 - Jul 2011:**

### **Assertive Outreach Team**

#### **Community Acute Service (Crisis Team & Acute Day Hospital)**

Oxford Health NHS Foundation Trust\*

#### **Occupational Health Psychiatry**

Buckinghamshire Healthcare NHS Trust\*\*

#### **Adult Psychiatry & Substance Misuse**

Partnerships in Care

**Aug 2011 - Apr 2012:**

### **Adult Psychiatry**

Phoenix Mental Health Services

#### **Occupational Health Psychiatry**

Buckinghamshire Healthcare NHS Trust\*\*

#### **Adult Psychiatry & Substance Misuse**

Partnerships in Care

**Apr 2012 – Dec 2013:**

### **Adult Psychiatry**

Phoenix Mental Health Services

#### **Occupational Health Psychiatry**

Buckinghamshire Healthcare NHS Trust\*\*

**Jan 2014 – Dec 2014:**

### **Adult Psychiatry**

Phoenix Mental Health Services

#### **Occupational Health Psychiatry**

Buckinghamshire Healthcare NHS Trust\*\*

#### **Bank Locum**

Oxford Health NHS Foundation Trust\*

**Jan 2015 – Nov 2015:**

**Adult Psychiatry**

Phoenix Mental Health Services

**Occupational Health Psychiatry**

Buckinghamshire Healthcare NHS Trust\*\*

**Psychiatric In Reach Liaison Service (PIRLS)**

Oxford Health NHS Foundation Trust\*

**Dec 2015 – Apr 2016:**

**Adult Psychiatry**

Phoenix Mental Health Services

**Occupational Health Psychiatry**

Buckinghamshire Healthcare NHS Trust\*\*

**Psychiatric In Reach Liaison Service (PIRLS)**

**Treatment Function, Chiltern Adult Mental Health Team**

Oxford Health NHS Foundation Trust\*

**Medical Director Apple Hill Hospital**

Henley Healthcare

**May 2016 – May 2019**

**Adult Psychiatry**

Phoenix Mental Health Services

**Occupational Health Psychiatry**

Buckinghamshire Healthcare NHS Trust\*\*

**Psychiatric In Reach Liaison Service (PIRLS)**

Oxford Health NHS Foundation Trust\*

**Medical Director Apple Hill Hospital**

Henley Healthcare – later Windsor Clinical and Home Care Services Group

**May 2019 – Sep 2019**

**Adult Psychiatry**

Phoenix Mental Health Services

**Occupational Health Psychiatry**

Buckinghamshire Healthcare NHS Trust\*\*

**Psychiatric In Reach Liaison Service (PIRLS)**

Oxford Health NHS Foundation Trust\*

\*This was the same organisation – it simply changed its name rather often!

\*\* This too was the same organisation – it changed its name less frequently!

---

**General Training**

**Aug '79 - Feb '80:**

H.P. to Dr. G. Baines, Kettering Hospital

**Feb '80 - Aug '80:**

H.S. to Mr. T. Cullen, Kettering Hospital

**Aug '80 - Feb '81:**

S.H.O. in A & E and Orthopaedics to Mr. A. Theman  
& Mr. S. Copeland. Royal Berkshire Hospital

**Jan '81 - Jun '81:**

Anatomy Demonstrator, St. Mary's Hospital W2.

**Aug '81 - Feb '82:**

S.H.O. in Orthopaedics to Mr. J Wrighton,  
Weymouth Hospital

<b>Apr '82 - Nov '82:</b>	General Practitioner, Perth and Melbourne, Australia
<b>Feb '83 - Aug '83:</b>	S.H.O. in A & E to Dr. B. Galbally, Ealing Hospital
<b>Aug '83 - Nov '83:</b>	S.H.O. in Orthopaedics to Mr. J. Wrighton, Weymouth Hospital
<b>Nov '83 - Nov '84:</b>	S.H.O. in E.N.T. to Mr. R. Parker, Royal Berkshire Hospital
<b>Nov '84 - May '85:</b>	S.H.O. in Medicine to Dr. B. MacLaurin and in Paediatrics to Dr. R. Forster, Timaru Hospital, New Zealand
<b>Aug '85 - Feb '86:</b>	S.H.O. in Obstetrics & Gynaecology to Mr. J. Greenhalf & Mr. P. Stallabrass, Royal Berkshire Hospital
<b>Feb '86 - Feb '87:</b>	G.P. Trainee to Dr. R. Turner, Church Grange Surgery, Basingstoke

---

#### **Lower Psychiatric Training (Basingstoke & Winchester Rotation)**

<b>Feb '87 - Aug '87:</b>	S.H.O. to Dr. E. Blackstock <b>Mother &amp; Baby Unit</b> (Dr. M. Norman-Nott <b>Group Psychotherapy</b> )
<b>Aug '87 - Feb '88:</b>	S.H.O. to Dr. S. Singh <b>Psychogeriatrics</b> (Dr. N Wright <b>Forensic Psychiatry</b> )
<b>Feb '88 - Apr '88:</b>	S.H.O. to Dr. J. Timothy <b>Adult Psychiatry/Day Hospital</b>
<b>Apr '88 - Aug '88:</b>	Registrar to Dr. J. Timothy <b>Adult Psychiatry/Day Hospital</b>
<b>Aug '88 - Feb '89:</b>	Registrar to Dr. E. Chan-Pensley <b>Alcohol Unit</b>
<b>Feb '89 - Aug '89:</b>	Registrar to Dr. D. Bennett <b>Adult Psychiatry</b> (Dr. R. Baker <b>Intellectual Disability</b> )
<b>Aug '89 - Feb '90:</b>	Registrar to Dr. P. Warren <b>Adult Psychiatry/Day Hospital</b> (Dr. M. Norman-Nott <b>Psychotherapy</b> )
<b>Feb '90 - Aug '90:</b>	Registrar Dr. S. Hettiaratchy <b>Child Psychiatry</b> (Dr. D. Bennett <b>Adult Psychiatry</b> )
<b>Aug '90 - Nov '90:</b>	Registrar to Dr. F. Eteng <b>Adult Psychiatry</b> (Dr. S. Kumar-Singh <b>Rehabilitation</b> )
<b>Nov '90 - Feb '91:</b>	Locum Consultant <b>Adult Psychiatry</b>

**Feb '91 - Aug '91:** Registrar to Dr. J. Rees **Adult Psychiatry**  
(Dr. E. Mendelson **Forensic Psychiatry**)

---

**Higher Psychiatric Training (Bristol Rotation)**

**Aug '91 - Nov '91:** S.R. to Dr. B. Anstee **Rehabilitation Psychiatry**  
(Dr. P. Glue **Alcohol Unit**)  
(Dr. Alexander **Pain Clinic**)

**Nov '91 - Nov '92:** S.R. to Dr. D. Cook & Dr. G. Bennet  
**Adult Psychiatry/Day Hospital**  
(Dr. P. Glue & Dr. B. Robinson **Alcohol Unit**)  
(Prof. D. Nutt **Psychopharmacology**)  
(Dr M. Mitcheson **Avon Drug Problem Team**)

**Nov '92 - Nov '93:** S.R. to Dr. A. Tomison **Forensic Psychiatry**  
(Prof. G. Morgan **Eating Disorders**)  
(Dr J. Bird **Neuropsychiatry**)  
(Dr J Owen **Community Psychiatry**)

**Nov '93 - Nov '94:** S.R. to Dr J Myles **Avon Drug Problem Team**  
& Dr M. Mitcheson **Alcohol Unit**  
(Dr. A. Tomison **Forensic Psychiatry**)

---

**Prize:** Royal College of Psychiatrists, South  
Western Division Trainees' Prize, 1990

---

**Teaching Experience:** Medical students - American University of the Caribbean  
F grades, SHOs, SpRs, specialty doctors  
Ward and community teaching of nurses  
Police: Mental Health Act issues  
Criminology/Psychology students at Bucks New University  
Nursing students at Oxford Brookes University

---

**Local & Regional Roles:** Member of the sub-regional CPD committee 1995-2006  
Compiling consultants' rota: 1996 -2011  
Psychiatric Intensive Care Unit Working Party 1996- 2001  
Consultant in charge of ECT 2001-2004

---

**Publications:** See [www.dannysresearch.com](http://www.dannysresearch.com) for details of actual papers  
Or find me on [www.researchgate.net](http://www.researchgate.net)

---

**General Practice Publications:** Asthma Care by the Practice Nurse  
Update (1988) **May '88**, 2283  
How to set up a Nurse-Run Asthma Clinic  
Horizons (1990) **Vol 4, 6**, 332-335

---

**Psychiatric Publications:** A case of self-inflicted penile ulceration. Bristol Medico-Chirurgical Journal (1989) **104(iv)**, 105-106

The uptake of social security benefits among psychiatric day hospital patients (with Renate West). Psychiatric Bulletin (1989) **13**, 626-627

An arts co-ordinator in a psychiatric hospital (with Sarah Hosking). West of England Medical Journal (1990) **105(iv)**, 116  
General medical care of long-stay psychiatric patients: A pilot Study (with Sally Pugh-Williams). Psychiatric Bulletin (1992) **16**, 332-334

The use of section 5(4) of the Mental Health Act, 1983 (with Androulla Johnstone). British Journal of Clinical & Social Psychiatry (1992), **Vol 8, No. 3**, 72-76

The relationship between hospital hostels and the General Practitioners who look after them. Psychiatric Bulletin (1992) **16**, 687-688

Co-existence of panic disorder and sleep paralysis (with David Nutt). Journal of Psychopharmacology (1993) **7(3)**, 293-294

Audit. A guide for the trainee. Psychiatric Bulletin (1993) **17**, 534-536

Antidepressants & Mania: To stop or not to stop? (with David Nutt and Rob Horvath). Human Psychopharmacology (1993) **8**, 357-360

Mental health nurses' views of doctors. Nursing Standard (1994) **8(21)**, 38-39

Do patients who have been on 'sections' get refused visas? (with Karen Allen). Psychiatric Bulletin (1994) **18**, 216-217

Back to the Asylum. Psychiatric Bulletin (1994) **18**, 551-552

Why do we call our patients names? (with Alan Kellas and Sue Edgley). *British Journal of Clinical & Social Psychiatry* (1995) **9** (3), 17-20

Are alcoholic women more likely to drink premenstrually? *Alcohol and Alcoholism* (1996) **31, 2**, 145-147

The feasibility of abrupt methadone-buprenorphine transfer in British opiate addicts in an outpatient setting (with F Law, J Bailey, J Melichar, J Myles, J Lewis and D Nutt). *Addiction Biology* (1997) **2**, 191-200

Reducing the time you and your patients wait (with Kadiyali Srivatsa). *Psychiatric Bulletin* (1999) **23**, 156-159

Does having been on a 'section' reduce your chances of getting a job? (with John Fenton and Dee O'Hanlon). *Psychiatric Bulletin* (2003) **27**, 177-178

Community care law for psychiatrists. *Psychiatric Bulletin* (2009) **33**, 34-36 doi: 10.1192/pb.bp.107.018812

Appropriate referral to assertive outreach teams (with Lucy Toynbee). *Mental Health Practice* (2009) **12 (5)** 26-27

Local implementation of the crisis model – The Buckinghamshire Community Acute Service (with Wendy Blaylock and Stefan Mieczkowski). *Psychiatric Bulletin* (2009) **33**, 252-254 doi: 10.1192/pb.bp.107.018499

Understanding community care law in England and Wales. *Advances in Psychiatric Treatment* (2009) **15** 428-433. doi: 10.1192/apt.bp.108.006056

Community services versus crisis resolution teams. *Mental Health Practice* (2010) **14 (1)** 26-28

A case of acute suicidality following excessive caffeine intake (with Aleksandra Szpak). *Journal of Psychopharmacology* (2012) **26(11)** 1502–1510 doi: 10.1177/0269881112442788

The ethical dilemmas associated with working in an Immigration Removal Centre. *Medico-Legal Journal* (2013) **81 (2)**, 90-94 doi: 10.1177/0025817213485205

A case of depression exacerbated by excessive alcohol consumption which responded to nalmefene. *Progress in Neurology and Psychiatry* (September/October 2014)

Appropriate tests and evidence for alcohol misuse in family court cases. The Expert & Dispute Resolver **Vol 20 No 1** (Spring 2015) 12-14

**Online Module:**

Psychiatry in NHS OH and wellbeing service. A liaison, assessment and treatment service that evolved into a 'one-stop shop'. (with Kathryn Campion) Occupational Health at Work (2016) **12(6)**, 18–20  
Going into private or medico-legal practice. Royal College of Psychiatrists (2014)

---

**Monographs & Articles:**

Methadone-buprenorphine transfer in British opiate addicts (with F D Law, J E Bailey, J Myles, J W Lewis and D J Nutt). NIDA Research Monograph (1996) **162**, 247

Working in psychiatry & addictions in immigration detention. Registrar: The PTC Newsletter, 24th April 2012

---

**Dissertation for LLM:**

An Examination of How the Care Programme Approach Affects the Community Care of Working-Age Adults with Mental Ill Health in England (Northumbria University, 2005)

---

**Published Letters:**

Section 5(4) of the Mental Health Act 1983. Psychiatric Bulletin (1993) **17**, 371

Auditing postgraduate meetings. Psychiatric Bulletin (1994) **18**, 177

Schizophreniform psychosis after stage hypnosis. British Journal of Psychiatry (1995) **166**, 680

Olanzapine in the treatment of acute mania in the community (1998) Psychiatric Bulletin **22**, 189-19

Non-engagement and the assertive outreach team (with Lucy Toynbee). Psychiatric Bulletin (2008) **32**, 474 doi: 10.1192/pb.32.12.474

---

**Books:**

We Need It By Next Thursday - The Joys of Writing Psychiatric Reports. Second Edition. CreateSpace (2014)

Do You Know A Good Expert? - Lawyers Tell Psychiatrists What They Want (Editor). Second Edition. CreateSpace (2014)

It's a Shrinking Business – How to Run a Psychiatric Practice. CreateSpace (2014)

Business for Medics – How to set up and run a medical practice.  
CreateSpace (2014)

A Medical Life - A Sort of Autobiography. CreateSpace (2016)

---

**Workshops and Presentations:**

Running with the ball - A psychiatrist in an ever-changing World. At: Multi-Disciplinary Practice: Is it possible? Does thinking help? The Association of Psychoanalytic Psychotherapy in the NHS. Birmingham. 8<sup>th</sup> October 2004

How to be professional and business-like. Royal College of Psychiatrists Conference for Portfolio Psychiatrists. Leeds. 16<sup>th</sup> January 2008

Back to Basics – Mental Health Act Refresher Course. Cullum. 11<sup>th</sup> June 2008

Crisis - what crisis? The Grange Residential Conference. Ripley Castle. 30<sup>th</sup> September 2009

Medical Practice. How to Set Up and Run Your Non-NHS Practice Ethically, Profitably and Legally. 11<sup>th</sup> June & 11<sup>th</sup> Nov 2009. College Education and Training Centre

How to be professional and business-like. Royal College of Psychiatrists South East Academic Meeting. Windsor 8<sup>th</sup> October 2009

Drugs Parenting and State Intervention – The Assessment Process - seminar for lawyers. Reading Town Hall, 26<sup>th</sup> Nov 2009

A matter of personality: Diagnostic & Treatment Formulations in Family Proceedings'. Ashwood Medico-Legal Forum, Brookwood. 26<sup>th</sup> February 2010

Getting the balance. Royal College of Psychiatrists Education and Training Centre, 13<sup>th</sup> October 2010.

One year behind bars - Experiences of a psychiatrist in an Immigration Removal Centre. SpR training day, Oxford, 26<sup>th</sup> April 2012

Running Your Business. 20<sup>th</sup> October 2012. Cardinal Clinic

When 'depression' is not depression - and how to treat it when it is. Cardinal Clinic 12<sup>th</sup> March 2013

The psychiatrist as an expert witness. Royal College of Psychiatrists International Congress, Edinburgh, 5<sup>th</sup> July 2013

Masterclass on medico-legal reporting. Warneford Hospital, Oxford, 23<sup>rd</sup> December 2013 & 10<sup>th</sup> March 2014

Getting Started in Private Practice. Royal College of Psychiatrists International Congress, London, 25<sup>th</sup> June 2014

The psychiatrist as an expert witness. Talk to trainees, Colchester, 12<sup>th</sup> August 2014

PTSD for the GP. Cardinal Clinic 12<sup>th</sup> February 2015

The business of being an expert. The Grange Residential Conference. Ripley Castle. 2<sup>nd</sup> October 2015

Managing the way we manage patients. Presentation to Trainees, Warneford Hospital 20<sup>th</sup> April 2016

---