Our Thinking vs God's Promises

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"It's impossible"
All things are possible with God (Luke 18:27)

"I'm too tired"

I will give you rest (Matthew 11:28-30)

"I can't go on"

My grace is sufficient (2 Corinthians 12:19)

"Nobody really loves me" "I'm not able"

I love you (John 3:16) I am able (2 Corinthians 9:8)

"I can't figure things out"

I will direct your steps (Proverbs 20:24)

"I can't do it"
You can do all things in Christ (Philippians 4:13)

"It's not worth it"

It will be worth it (Romans 8:28)

"I can't manage"
I will supply all your need (Philippians 4;19)

"I'm afraid"

I have not given you a spirit of fear (2 Timothy 1:7)

"I'm always worried and frustrated"

Cast all your cares upon me (1 Peter 5:7)

"I don't have enough faith"
I've given everyone a measure of faith (Romans 12:8)

"I'm not smart enough"

I give you wisdom (1 Corinthians 1:30)

"I feel all alone"

I will never leave you nor forsake you (Hebrews 13:5)

Rejoice evermore. Pray without ceasing. In everything give thanks: For this is the will of God in Christ Jesus concerning you (1 Thessalonians 5:16-18)