

Baby Nappy Wipes

<http://wendyls.co.nz/baby-wipes/>

“Initially I wanted to get rid of all those chemicals being wiped onto our babies’ bottoms, when I had my first two children in the 80s.

Some supermarket baby wipes have the chemical *iodopropynyl butylcarbamate* (IPBC) in them, which is a preservative banned in products for children three years and under.

All our mothers and nanas simply used moistened squares of muslin cloth and washed them afterwards. Or you can use a strong, soft tissue/kitchen towel and throw away after use.

Witch-hazel is a fantastic antiseptic which is very soothing for itchy or inflamed skin, and rosewater not only smells great but is also anti-bacterial and antiseptic. In Morocco they pour it on their hands to wash them. It also balances out the pH levels on the skin.

Ingredients

½ cup water
1 tablespoon rosewater
1 tablespoon witch-hazel

Instructions

Make up the liquid, and pour into an airtight container. Keep in the fridge and dampen the wipes as you need them. If you use muslin cloths simply rinse them with water after use and put them in the wash.

Notes

Try to source witch-hazel and rosewater without preservatives if you can. Do be aware that without preservatives these will not last in hot weather, so if you make a large quantity in one go keep it in the fridge until you need it. Otherwise just make up small amounts at a time as instructions above.”