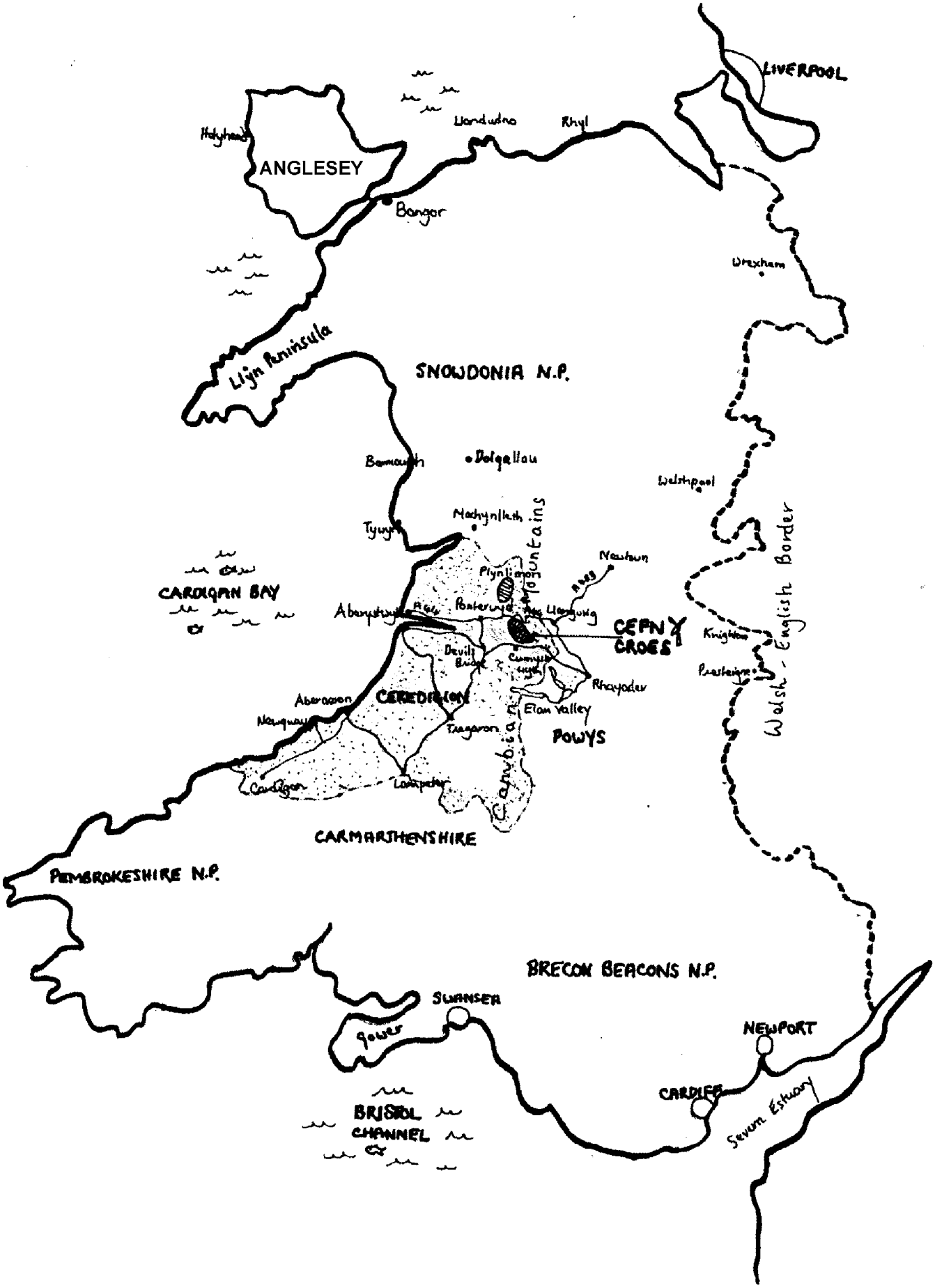
# APPENDIX 1


LIVERPOOL
Llandudno
Rhyl
Holyhead
ANGLESEY
Bangor
Wrexham
Llŷn Peninsula
SNOWDONIA N.P.
Barmouth
Dolgellau
Welshpool
Machynlleth
Tywyn
Mountains
Newtown
Plynlimon
CARDIGAN BAY
Aberystwyth
Llanidloes
CEFN Y CROES
Knighton
Devil's Bridge
Presteigne
Rhayader
Aberaeron
CEREDIGION
Eton Valley
Newquay
Tregaron
POWYS
Welsh - English Border
Cambrian
Cardigan
Lampeter
CARMARTHENSHIRE
PEMBROKESHIRE N.P.
BRECON BEACONS N.P.
SWANSEA
Gower
NEWPORT
CARDIFF
Severn Estuary
BRISTOL CHANNEL