Every minute has sixty tiny heartbeats of time, counting lifetimes in tick-tocks, in pendulums and chime.

Within the deepest dark we wait and the world turns. An endless arc to navigate, an ocean churns.

Flowers have their unique scent, petals their own colour. All the cells of bodies sing, marrow to medulla.

The entire world is frantically devising plans. The ringing of an empty plate and gamelans.

The weight of water vapour; of hidden, secret things; sour thoughts and saccharine; new growth and yellowings.

Sequences and patterns of growth warmed by the sun. In a fiery figure of eight, all is begun.

Your letters penned in saffron are safe in my pillow. We long to meet at twilight, by the weeping willow.

To see the joy of opposites in full embrace - earth and fire, air and water – no hiding-place.

We are still inseparable. I am your feuding twin. We are inconsolable, enduring thick and thin.

If I am bright and you are dark, where can we meet? If I am high and you are low, how to complete?

We're perfect for each other, although we never meet. Each one without the other is always incomplete.

And in between the in-between, a seed is sown. And up above the up-above, a bird has flown.

Making of the heart a book, which beats with secret thought. Stitching of the heart a cloth, to comfort the distraught.

Let us hum a favourite tune and keep in time. Let us eat the fruit of the trees, lemon and lime.

This world and the far beyond meet at the iron gate, We hover at the margin and circumnavigate.

I bring the brightness of morning, again, again, and the blessing of afternoon in sweet refrain.

Your gaze is like a laser. There is no place to hide. I lurk amongst the shadows but am electrified.

None is the first, none is the last, from day to day. So when the world turns upside down, there's no delay.

A heart is in a glass cup and set within a stone, where people speak in whispers and walls are overgrown.

From the comfort of an armchair, beside the fire, there's a roar and a red crackle. like a choir.

Water extinguishes fire, in this bluest of hours, often turning fast to steam amongst the honey-flowers.

Can you believe the evidence of your senses? What of the invisible spark? Who condenses?

All life is in the spiral and in the moon's eclipse. There is no separation, only relationships.

There is no food on the menu, the drink is dry. There's only the sound of singing - a lullaby.

The gold is in the shadow, the geometry of life. Near and far and in between, upon a palette knife.

A coat for the final journey, a farewell hat, a pair of shoes, a pair of gloves, a silk cravat.

Your mathematical eye surveys the garden walls. All the world is locked within, gathering the windfalls.

Drawing a curtain on the stars, to shield the light. Opening the doors and windows - domestic flight.

Softly humming, the moon sees a whirlwind of ashes. Powdered, silhouetted trees and bright lightning flashes.

Like fishes in an evil net, gasping for breath, wriggling, thrashing and squirming, all fighting death.

Lightly dusted grasses bend, as if to kiss the earth, thirsting for the rainfall now, forgiveness and rebirth.

The sound of arrows in the dark, a shrill echo. The sight of sun and sky at last, a bright rainbow. This is where the seeds are sown and soil is rich and dark. Everywhere that green is grown, reveals a watermark.

A mound of books beneath a tree, pages flapping. Blurred paragraphs of memory, overlapping.

Words and laughter, thoughts and song, all echo in the air. All is gone but nothing's lost, it gathers here somewhere.

How a place can smell really small, really tiny, and also of infinity, all moonshiny?

Questions, answers, true and false join forces in a hymn. Up above and down below - to fly or else to swim.

Careering down a leafy lane with wings on feet, and galloping along the shore, in midday heat.

Watching lips reciting words and eyes that never blink, far beyond the memories, all teeters on the brink.

The man in the moon spoke to me, awake, awake! Utter me a word, speak your part – give me earache!

Nothing's ever as it seems, nor is it as we wish. Swirling like migrating birds, our thoughts are feverish.

The clock mows down the afternoon and evening falls. Every second hand circulates, as night-time sprawls.

The moonlight is monochrome, stealing all the colour, white on silver-white, like frost, softest watercolour.

Do dragons eat papaya cubes? Do they exist? Do they sleep in caves of silver and amethyst?

Like wings of mirrored feather, beating in unison. Like bees amongst the heather, still dancing with the sun.

If ever we forever leave, what happens then? The writing now is on the wall, in fountain pen.

The heart thinks, feels, remembers and whispers to the wind. The heart has a secret place where messages are pinned.

Lemon trees in a quadrangle. Wax, soap, lace, wine, laid out on grainy marble slabs, as if a shrine.

The heart is the central sun; it radiates to all. It helps create the movement of shadows on the wall.

Earth's sediment is in our cells plus salt water. We both look the same in the end, son or daughter.

We stand upon a threshold, in a kaleidoscope. Every moment brings a gift of wonder and of hope.

Making mounds of soapy bubbles, water swirling. Pirouhetting in the mirror - whirling, whirling.

In the Book of Antidotes, at the end of the world, and at the point of stillness, a spiral is unfurled.

To find a pearl you must dive deep, enjoy the wait, floating the prize to the surface to celebrate.

The moment of disruption, miraculous mistake, malign misunderstanding, cataclysmic heartbreak.

Move over, make room by the fire and lie with me. We can still race back to the stars and mystery.

A disclosure of secrets, an emergence of lies, getting something for nothing or else stealing first prize.

Towards the end the salmon swims back to the start defying the swirling current within his heart.

In between the in-between, a stolen dialogue. This half-place, half-time, half-light Is neither wolf nor dog.

Hear these words that walk on water, harmonious. Hear these words that fly on the wind, erroneous.

Where windows swing on hinges, with doors flung open wide, a cooling breeze is creaking, the air is magnified.

Who walks beneath the frosty earth, amongst the roots, mulch and bulbs, seeds and spores and the first fruits?

At the source of the river, it's believed forever. At the bend in the river, it's forgotten for good.

With gloves of the skin of a bird upon the hand and shoes of the skin of a snake, walking the land.

The grasses are bent double along the beaten track; petals slowly drying out inside an almanac.

Coldly the candle sloughs its skin onto the floor, amongst the crumbs, half-eaten bones and bits of straw

The dream-life of a garden is full of plans and plots, the warbling of a song thrush and blue forget-me-nots.

Burnt umber, sapphire, crimson lake and apple green, lemon yellow, vermilion, ultramarine.

Numbered, weighed and divided, the writing on the walls dissolves into the shadows whenever evening falls.

Things take shape in time and dissolve, as in a dance, a masquerade of double-quick extravagance.

Snapshots of a single cell, with tendrils unfurling; an unseen world of wonders, a hemisphere whirling.

All the flowers play hide and seek at the day's end and angels on fiery ladders ascend, descend.

Masquerading as a bee upon a flower bed. drinking in the rainbow hues, especially the red.

Your perfumed breath upon my cheek is like a hymn. The blossom vanishes at dawn upon a whim.

At last, no word for worry, after the afternoon, within the magic hour, upon the harvest moon.

Hide me from calendars and clocks, the endless chime, from diaries and timetables and overtime.

Still drawing in the margin and doodling on the page, scratching in between the lines the meanings of an age.

The blackbird flies at the window till the glass breaks, the walls crash down, the roof caves in and the earth quakes.

A fortnight in the forest, a month of mountain views, a land of perfect emerald, a sky of endless blues.

The milk is curdled by tea-time, the bread is stale, honey is all solidified, to no avail.

Eavesdropping at a gateway, a humming sound is heard; a whirring and a whistling, a whisper of a word.

I come from a house of corners into the round.

I come from a place of quicksand to this hard ground.

In this uneven evening, adrift in indigo, all eyes are now upon us, awaiting yes or no.

Still we laced the dough with leaven and watched it rise, the steady sun and heavy dew before our eyes.

Where the shoe pinches hardest, where the buckle digs in, on the heel of Achilles, a blister on the skin.

Nobody sees the exact same, as life unfurls, as wind is swept, as fire is kept, as water swirls.

The leaves are slowly starving, the season shrinks the day. In autumn, all is leaving, the swallows break away.

Shadowy figures are diving, ducking branches, swerving to avoid descending avalanches.

No other means of escape, the tide cuts back the shore, folly, fate and foreboding are in a tug of war.

A world within, a world beside, so long ago. a world without, a world before with vertigo.

Thirteen ways of seeing things, all dancing in the flames, seventeen of everything, in claims and counterclaims.

In these tiny heartbeats of time, the stone vibrates, then sings a song of endurance and dissipates.

Coloured charts on chalky walls, reflections in the glass, a table strewn with tulips, a drink of sassafras.

The things that dreamers make come true, will leave a mark. Like vibrant cloths, these woven dreams contain a spark.

Water keeps on changing shape to fit the different jars, gently moulding its own self in endless repertoires.

You, who held my world together, where did you go? And you, who tore my world apart, so long ago?

A box of jewels with ice-cubes and slowly melting drips. A woman sitting watching, with liquid on her lips.

Eavesdropping on an argument, crockery breaks - scattering books and photographs, burning keepsakes.

To keep the secret sorrows, someone is singled out. A leaden chest is padlocked beneath the waterspout.

Your words and laughter, your quick thoughts, your humming voice, your fierce mind and gentle wit, your song's rejoice.

Long, exaggerated roots are burrowing below; above a swarm of insects in buzzing vertigo.

Sunset rides away in a boat into the dark. sailing through the gates of heaven to disembark.

Richly decorated cloths are hanging on the lines, ragged fragments softly draped amongst the creeping vines.

And hiding all the secret shame or all the guilt, revealing nothing of the fear, the milk that spilt.

A rusty moon revealing a cornucopia, overflowing, plentiful, a brave utopia.

Like a bird who flies one evening into a net and through its final night recites an alphabet.

Fallen angels on the lawn, faces in the starlight, flapping wings and sharpened beaks, of quartz and celestite.

It is an accidental moon; it is a stone; a concave mirror to reflect, in monotone.

Now the moon bares the garden, does it like what it sees? The doors all locked and bolted, naked earth, unclad trees.

Burning water, red-hot sea shells on steaming sand, footprints baked for posterity across the land.

Fruit plummets, then splits apart and softly comes to rest; a squirrel stores for winter, a magpie raids a nest.

At the beginning and the end, a trumpet sounds. In the middle, at any point, the pleasure grounds.

The journey's never easy - it isn't meant to be. The way is strewn with boulders and more mythology.

There is no cloth without a flaw, no skin unscarred, no physical perfection known, our lives are marred.

Diving in at the deep end, like little red fishes, splitting the dark blue water, making waves and wishes.

To never want what is not ours, to be content, and show a constant gratitude, without lament.

Making peepholes in windows and seeing things take shape; turning keys in the keyholes and watching things escape.

As huge flames grow from tiny sparks to reach the sky, fire longs to be with ashes, not asking why.

Those who've never taken wing, still cast their shadow long, standing still and growing roots from morn to evensong.

The earth's shadow keeps on falling across the moon, darkening a dusty crater or a lagoon.