

The Min Y Mor Hotel

Marine Promenade, Barmouth, Gwynedd, LL42 1HW
Tel: 01341 280555 Fax: 01341 280468 Email: Info@Minymor.Com

Midday Menu

Hand Carved Ham & Free Range Eggs £7.75

Beer Battered Haddock, Chips & Mushy Peas £9.95

Beef Balti Madras Served With Rice Or Chips £8.95

Local sausage of Lamb & Leek, Onion Gravy & Creamy Mash £7.95

Today's Pasta Dish (Please Ask Your Server) From £7.95

Local 8oz Beef Burger, Chips, Dressed Leaves & Crunchy Slaw £7.95

*Ploughman's Lunch Welsh Cheddar & Hand Carved Ham With Pickle, Salad & Crusty
Baguette £7.45*

Veggie Burger, Chips, Dressed Leaves & Crunchy Slaw £6.95

*Cajun Chicken Supreme Spiced chicken breast, pan fried and finished in a creamy Cajun
sauce £11.95*

*In Order To Make The Most Of Fresh Produce – And Our Chef's Skills
We Also Have A Specials Board*

Midday Snack Menu

Homemade Soup of the Day

Served with home-baked bread

(Please ask your server for today's choice)

£4.95

Sandwiches

<i>Hand Carved Ham & Tomato Sandwich</i>	£4.95
<i>Grated Welsh Cheddar & Red Onion Sandwich</i>	£4.95
<i>Tuna Mayo Sandwich</i>	£5.25
<i>Atlantic Prawns & Marie Rose Sauce</i>	£5.95
<i>Smoked Salmon and Cream Cheese</i>	£5.95

Why not add a handful of chips to your sandwich for £1.00

Panini's

(Hot griddled Italian baguette)

<i>Hand Carved Ham, Grated Cheddar and Pesto</i>	£5.50
<i>Garlic Mushroom & Cheddar Cheese</i>	£5.25
<i>Cajun Chicken & Sweet Chili</i>	£5.75

Why not add a handful of chips to your Panini for £1.00

Sides

<i>Crunchy Slaw</i>	£2.25
<i>Basket of Chips</i>	£2.65
<i>Beer Battered Onion Rings</i>	£2.65
<i>12" Garlic Pizza Bread</i>	£4.50
<i>House Salad</i>	£2.95
<i>Creamy Peppercorn Sauce</i>	£2.45
<i>Stilton & Leek Sauce</i>	£2.45

Evening Menu

Starters

Home Made Soup Of The Day

Served With Home Baked Bread

(Please Ask Your Server For Today's Choice)

£4.95

Garlic Mushrooms

Button Mushrooms Marinated In Garlic, Freshly Coated In Breadcrumbs.

Deep Fried & Served With Chef's Garlic Mayo.

£5.25

Goujons Of Haddock In A Light Beer Batter

Served With Chefs Tartar Sauce

£5.25

Hummus, Olives & Warm Flatbread

£4.50

Thai Crab Cakes

Two Thai Crab & Coriander Cakes

Served With A Sweet Chili Sauce.

£5.25

Duck And Chicken Liver Pâté

Served With Orange & Red Onion Marmalade

& Warm Flatbread.

£5.50

12" Garlic Pizza Bread

Spiked With Rosemary And A Hint Of Chili

(Made For Sharing!)

£4.50

Evening Menu

Mains

Supreme Of Chicken, Pan Fried With Mushroom

Shallots, French Mustard And Brandy Cream

£12.95

Braised Lamb Shank

Slowly Cooked In Mint & Root Vegetable Gravy Served On A Bed Of Creamy Mash

£14.45

Grilled Fillet Of Plaice

Topped With A Crispy Parmesan Crumb

£12.95

10 Oz Sirloin Steak From Local Stock

Cooked To Your Liking With Grilled Mushroom, Juicy Tomato & Hand Cut Chips

£18.50

10 Oz Rib-Eye Steak

Pan Fried In Garlic Butter & Served With Hand Cut Chips.

£18.50

Poached Salmon

£12.95

Beer Battered Haddock

Served With Chips & Mushy Peas

£9.95

Today's Pasta

(Please Ask Your Server)

From £7.95

Marinated Grilled Garlic Haloomi (V)

Dressed With Black Olive Tapenade

£9.95

***The Above Are Served With A Choice Of Fresh Seasonal Vegetables,
Salad, Chips, New Or Sauté Potatoes Unless Otherwise Stated.***

Dessert Menu

Raspberry & Peach Meringue Roulade
£4.75

School Pudding
Served With Custard
£4.50

Home Baked Dutch Apple Pie
Served With Ice Cream Or Custard
£4.50

Warm Chocolate Fudge Cake
Served With Ice Cream
£4.25

Luxury Vanilla Ice Cream,
Raspberry Coulis And Italian Wafers
£3.75

*Please Ask Your Server About The Specials Board
And Don't Forget To Check Out Our Exclusive Wine List.*

Our Fresh Fish Selection

(Please Check Availability)

Freshly Dressed Crab & Large Salad

New Potatoes & Lemon Mayo

£12.95

Grilled Fillet Of Plaice

Topped With A Crispy Parmesan Crumb

£12.95

Goujons Of Haddock In A Light Beer Batter

Served With Chefs Tartar Sauce

Starter £5.50

Main Including Salad Bowl £9.95

Tandoori Trout & Large Salad

Whole Trout Marinated In Yoghurt And Himalayan Spices, Mango Chutney

£9.95

Poached Salmon

£12.95

Beer Battered Haddock – A Seaside Favourite

Served With Chips & Mushy Peas

£9.95**

Garlic & Chilli King Prawns

Ten Juicy Prawns With Crusty Bread & Side Salad

£12.95**

Lemon Thyme Haddock

On A Bed Of Scalloped Potato With Vegetables

£9.95

Smoked Salmon, Atlantic Prawn & Marie Rose

Starter £5.95**

Main Including Salad Bowl £10.95**

*The Salmon & Plaice Are Served With Your Choice Of Fresh Seasonal
Vegetables,
Salad, Chips, New Or Sauté Potatoes*

Wine List

House Wine

Las Cazas, Medium Dry 175ml- £3.00
Chenin Blanc – Argentina 250ml- £4.30
A delicate, simple, fruity medium white wine Bottle- £12.50

Las Cazas, Dry Chenin 175ml- £3.00
Blanc – Argentina 250ml- £4.30
Very Fresh & clean with hints of banana, toffee & pear drops Bottle- £12.50

Las Cazas, Red Mendoza 175ml- £3.00
- Argentina 250ml- £4.30
Lifted dark fruit jelly aroma with just a touch of light youthful tannin Bottle- £12.50

Liebfraumilch, Franz 175ml - £3.00
Schonheim~Rhine 250ml -£4.30
Germany Bottle -12.50
A light mellow wine with a simple fragrant bouquet

Red Wine

Invenio Merlot – France £14.50
Deep ruby colour, with perfumed red fruit character

Gulara Shiraz – Australia £13.50
A juicy, youthful red with plenty of bramble fruit & a hint of pepper £13.95

Las Ondas, Cabernet £14.95
Sauvignon –
Chile
Ripe black fruits & oak make up the aroma of this mid bodied red wine

Elementos Shiraz/Malbec – £17.95
Argentina
An immediately fruity red wine, vibrant & juicy in the mouth

Bellingham Estate Cabernet
Sauvignon – Coastal region,
South Africa
Spice & dark Fruit aromas are followed by a chewy, mid-bodied mouth feel

White Wine

Rosé Wine

Pino Grigio Ponte di Piave Veneto – Italy Very Light & neutral, revealing just a hint of green fruit	£14.95	Millstream Rosé – South Africa A Fruity & Friendly medium dry pink glugger!	£12.95
Gulara Chardonnay – Australia Clean & Fresh with Melon & apple fruit flavours, and a crisp finish	£12.95	<i>Sparkling Wine</i>	
Invenio Sauvignon Blanc – New Zealand Fresh & juicy with ripe tropical fruit flavours	£14.95		Segura Viudas Cava Brut NV –Penedes, Spain A fresh, clean, light bodied sparkling white wine



Children's Menu

Under 10's

Meals All £4.50

Chicken Nuggets

Five Chicken Nuggets coated in breadcrumbs,

Served with Chips, Peas or Beans

Mini Battered Haddock

*A Fillet of Haddock lightly coated in Batter and deep fried
Served with Chips, Peas or Beans*

Sausage

*Two locally sourced pork sausages,
Served with Chips, Peas or Beans*

Today's Pasta Dish (Complete Meal)

Please ask your server

