



# Children's Menu

**Under 10's**

*Meals All £4.50*

## ***Chicken Nuggets***

*Five Chicken Nuggets coated in breadcrumbs,  
Served with Chips, Peas or Beans*

## ***Mini Battered Haddock***

*A Fillet of Haddock lightly coated in Batter and deep fried  
Served with Chips, Peas or Beans*

## ***Sausage***

*Two locally sourced pork sausages,  
Served with Chips, Peas or Beans*

## ***Today's Pasta Dish (Complete Meal)***

*Please ask your server*



# FRIDAY TURKEY NIGHT MENU

## *Popadoms With Condiments*

Mango Chutney, Onion Chutney, Lime Pickle & Yoghurt With A Hint Of Mint And Coriander  
£1.50

## *All Curry Dishes £8.95*

All Dishes Are Served With Basmati Rice

### *Chicken Korma*

Tender Pieces Of Chicken Slowly Cooked In Ground Almond, Cashew & Coconut Cream. A True Favourite Of The Moghul Emperors

### *Chicken Madras*

A Creation Of The British In 1940 And Still A Firm Favourite Of Those Who Prefer A Chilli Or Two

### *V Sambar*

South Indian Lentil & Vegetable Curry.

### *Chicken Sambar*

South Indian Chicken, Lentil & Vegetable Curry

### *Tikka Masala*

This Dish Needs No Introduction. The Most Popular Dish In Great Britain. Like It Hotter!! (Just Ask)

## *Side Dishes*

Onion Bhaji, Vegetable Samosa, Meat Samosa, Naan Bread, Garlic Naan, 2 Chapattis, Chips, Sheek Kebab  
£2.00

(V) Please Note, ALL Dishes Are Available As A Vegetarian Option

## *Alternative Choices*

Beer Battered Haddock, Chips & Mushy Peas £9.95

Local Sausages Of Lamb & Leek With Onion Gravy & Creamy Mash £7.95

Every Friday Night 6.00pm – 9.00pm

# Dessert Menu

*Raspberry & Peach Meringue Roulade*  
£4.75

*School Pudding*  
Served With Custard  
£4.75

*Home Baked Dutch Apple Pie*  
Served With Ice Cream Or Custard  
£4.75

*Warm Chocolate Fudge Cake*  
Served With Ice Cream  
£4.75

*Luxury Vanilla Ice Cream,*  
*Raspberry Coulis And Italian Wafers*  
£3.75

*Please Ask Your Server About The Specials Board  
And Don't Forget To Check Out Our Exclusive Wine List.*

# Evening Menu

## Mains

### ***Supreme Of Chicken, Pan Fried With Mushroom***

*Shallots, French Mustard And Brandy Cream*

**£12.95**

### ***Braised Lamb Shank***

*Slowly Cooked In Mint & Root Vegetable Gravy Served On A Bed Of Creamy Mash*

**£15.45**

### ***Grilled Fillet Of Plaice***

*Topped With A Crispy Parmesan Crumb*

**£12.95**

### ***10 Oz Sirloin Steak From Local Stock***

*Cooked To Your Liking With Grilled Mushroom, Juicy Tomato & Hand Cut Chips*

**£19.50**

### ***10 Oz Rib-Eye Steak***

*Pan Fried In Garlic Butter & Served With Hand Cut Chips.*

**£19.50**

### ***Poached Salmon***

**£13.95**

### ***Beer Battered Haddock***

*Served With Chips & Mushy Peas*

**£9.95**

### ***Today's Pasta***

*(Please Ask Your Server)*

**From £7.95**

### ***Marinated Grilled Garlic Haloomi (V)***

*Dressed With Black Olive Tapenade*

**£9.95**

***The Above Are Served With A Choice Of Fresh Seasonal Vegetables,  
Salad, Chips, New Or Sauté Potatoes Unless Otherwise Stated.***

**FOR MEAL BOOKINGS OF 10 PEOPLE OR MORE WE WOULD BE GRATEFUL IF YOU COULD PRE-ORDER**

# Our Fresh Fish Selection

(Please Check Availability)

## ***Freshly Dressed Crab & Large Salad***

*New Potatoes & Lemon Mayo*

**£12.95**

## ***Grilled Fillet Of Plaice***

*Topped With A Crispy Parmesan Crumb*

**£12.95**

## ***Goujons Of Haddock In A Light Beer Batter***

*Served With Chefs Tartar Sauce*

**Starter £5.50**

**Main Including Salad Bowl £9.95**

## ***Tandoori Trout & Large Salad***

*Whole Trout Marinated In Yoghurt And Himalayan Spices, Mango Chutney*

**£9.95**

## ***Poached Salmon***

**£13.95**

## ***Beer Battered Haddock – A Seaside Favourite***

*Served With Chips & Mushy Peas*

**£9.95**

## ***Garlic & Chilli King Prawns***

*Ten Juicy Prawns With Crusty Bread & Side Salad*

**£12.95**

## ***Lemon Thyme Haddock***

*On A Bed Of Scalloped Potato With Vegetables*

**£10.95**

## ***Smoked Salmon, Atlantic Prawn & Marie Rose***

**Starter £5.95**

**Main Including Salad Bowl £10.95**

***The Salmon & Plaice Are Served With Your Choice Of Fresh Seasonal Vegetables,  
Salad, Chips, New Or Sauté Potatoes***

# Evening Menu

## Starters

### ***Home Made Soup Of The Day***

*Served With Home Baked Bread*

*(Please Ask Your Server For Today's Choice)*

**£4.95**

### ***Garlic Mushrooms***

*Button Mushrooms Marinated In Garlic, Freshly Coated In Breadcrumbs.*

*Deep Fried & Served With Chef's Garlic Mayo.*

**£5.25**

### ***Goujons Of Haddock In A Light Beer Batter***

*Served With Chefs Tartar Sauce*

**£5.25**

### ***Hummus, Olives & Warm Flatbread***

**£4.50**

### ***Thai Crab Cakes***

*Two Thai Crab & Coriander Cakes*

*Served With A Sweet Chilli Sauce.*

**£5.25**

### ***Duck And Chicken Liver Pâté***

*Served With Orange & Red Onion Marmalade*

*& Warm Flatbread.*

**£5.50**

### ***12" Garlic Pizza Bread***

*Spiked With Rosemary And A Hint Of Chilli*

*(Made For Sharing!)*

**£4.50**

FOR MEAL BOOKINGS OF 10 PEOPLE OR MORE WE WOULD BE GRATEFUL IF YOU COULD PRE-ORDER

# The Min Y Mor Hotel

*Marine Promenade, Barmouth, Gwynedd, LL42 1HW*  
Tel: 01341 280555 Fax: 01341 280468 Email: [Info@Minymor.Com](mailto:Info@Minymor.Com)

## Midday Menu

*Hand Carved Ham & Free Range Eggs* £7.75

*Beer Battered Haddock, Chips & Mushy Peas* £9.95

*Beef Balti Madras Served With Rice Or Chips* £8.95

*Local sausage of Lamb & Leek, Onion Gravy & Creamy Mash* £7.95

*Today's Pasta Dish (Please Ask Your Server)* From £7.95

*Local 8oz Beef Burger, Chips, Dressed Leaves & Crunchy Slaw* £8.50

*Ploughman's Lunch* Welsh Cheddar & Hand Carved Ham With Pickle, Salad & Crusty Baguette £7.45

*Veggie Burger, Chips, Dressed Leaves & Crunchy Slaw* £7.50

*Cajun Chicken Supreme* Spiced chicken breast, pan fried and finished in a creamy Cajun sauce £11.95

*In Order To Make The Most Of Fresh Produce – And Our Chef's Skills  
We Also Have A Specials Board*

# Midday Snack Menu

## *Homemade Soup of the Day*

*Served with home-baked bread*

*(Please ask your server for today's choice)*

**£4.95**

## *Sandwiches*

*Hand Carved Ham & Tomato Sandwich* **£4.95**

*Grated Welsh Cheddar & Red Onion Sandwich* **£4.95**

*Tuna Mayo Sandwich* **£5.25**

*Atlantic Prawns & Marie Rose Sauce* **£5.95**

*Smoked Salmon and Cream Cheese* **£5.95**

*Why not add a handful of chips to your sandwich for £1.00*

## *Panini's*

*(Hot griddled Italian baguette)*

*Hand Carved Ham, Grated Cheddar and Pesto* **£6.50**

*Garlic Mushroom & Cheddar Cheese* **£6.25**

*Cajun Chicken & Sweet Chilli* **£6.75**

*Why not add a handful of chips to your Panini for £1.00*

## *Sides*

*Crunchy Slaw* **£2.25**

*Basket of Chips* **£2.85**

*Beer Battered Onion Rings* **£2.65**

*12" Garlic Pizza Bread* **£4.50**

*House Salad* **£2.95**

*Creamy Peppercorn Sauce* **£2.75**

*Stilton & Leek Sauce* **£2.75**



# Sunday Dessert Menu

6<sup>th</sup> April 2014

*Ferrero Rocher Cheese Cake, Clotted Cream*

*Strawberry Meringue Roulade*

*Warm Chocolate Fudge Cake Served With Ice Cream*

*Forest Fruit Fumble*

*Forest Fruits, Yoghurt & Cream With A Crispy Fumble*

*Luxury Vanilla Ice Cream With Raspberry Coulis And Italian  
Wafer*

*Plumb Duff & Custard*

*Warm Welsh Honey Cake & Ice Cream*

*Dutch Apple Pie With Custard Or Ice Cream*

*Sticky Toffee Pudding, Toffee Sauce And Ice Cream*

*All Desserts £3.75 Each*

*Selection Of Continental, Welsh Cheese  
& Port Shot*

*£5.95*

# Sunday Lunch Menu

6<sup>th</sup> April 2014

## Starters

**Roast Butternut Squash Soup and Coriander oil**

*Served With roll & butter*

**Smoked Salmon, Atlantic Prawns & Marie Rose Sauce**

**Duck & Chicken Liver Pate**

*With Orange & Red Onion Marmalade & Warm Flatbread*

**Cheese Fritters, Rocket Salad and Red Pepper Jam**

**Homemade Fishcake, Dressed Baby Leaf & Chef's Tartar Sauce**

## Mains

**Roast Topside Of Welsh Beef & Yorkshire Pudding**

**Tasty Roast Leg Of Welsh Lamb.**

**Roast Leg Of Local Arthog Free Range Pork**

*Served With Sage & Onion Seasoning And A Tart Tatin*

**Grilled Fillet of Plaice**

*Topped With A Parmesan Crumb*

**Nut Roast on a bed of Creamy Mash (V)**

**Pan Roasted Trout, Bacon, Mushroom & Garlic Butter**

*Main Courses Served With A Selection Of Fresh Seasonal Vegetables, Roast & New Potatoes*

**Penne Aribiatta, Pasta Tubes, Roasted Mediterranean Vegetables in a Rich Tomato Sauce (V)**

*Main Course £8.95 Starters & Sweets £4.75 each Children under 10 years old main £4-50*

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